UNIVERSITY OF BATH
TEAMBATH™
Rhythmic Gymnastics

Team Bath Rhythmic Gymnastics Squads

Information Pack

Season 26-27

Information is a summary of current policies, please refer to the original policies all of which can be found on the club website
www.teambathrhythmic.co.uk

Version 1
July 2026

UNIVERSITY OF BATH
TEAMBATH™

Rhythmic Gymnastics

TEAM BATH OPEN
30 YEARS
of Rhythmic Gymnastics in Bath
2026

WHAT IS RHYTHMIC GYMNASTICS?

Where sport meets artistry.

Rhythmic Gymnastics (RG) is a captivating Olympic sport that combines dance, gymnastics, flexibility, coordination and artistry with music. Gymnasts perform elegant routines using hand apparatus while demonstrating strength, balance, agility and creativity. It develops confidence, discipline, resilience and teamwork, making it one of the most rewarding sports for children of all ages.



THE FIVE APPARATUS

HOOP
- Rotations
- Rolls
- Throws
- Dynamic movement

BALL
- Smooth handling
- Rolls
- Bounces
- Graceful body movement

CLUBS
- Coordination
- Rhythm
- Precision
- Fast catches and throws

RIBBON
- Spirals
- Snakes
- Large expressive movements
- Musical interpretation

ROPE
- Skips
- Swings
- Circles
- Fast footwork

(Currently used mainly in younger and developmental programmes.)

MORE THAN JUST GYMNASTICS

STRENGTH | FLEXIBILITY | MUSICALITY | DANCE | COORDINATION | CONFIDENCE | FRIENDSHIPS | COMPETITION

WHAT CHILDREN LEARN

Instead of simply learning routines, gymnasts develop:

- Balance
- Apparatus handling
- Jumps & Leaps
- Teamwork
- Turns & Pivots
- Performance skills
- Flexibility
- Self-confidence

AT TEAM BATH RHYTHMIC GYMNASTICS

Using the DREAM philosophy, our programme supports every gymnast from their very first class through to national and international competition.

D – Determination
R – Respect
E – Excellence
A – Aspiration
M – Motivation

TEAM BATH RHYTHMIC
EST. 1996

Whether your child joins simply to enjoy a fun new activity or dreams of representing Great Britain one day, we believe every gymnast deserves the right environment, at the right time, with the right opportunities.

A SPORT FOR EVERY CHILD

From beginners to elite athletes, RG offers a pathway for every child to grow, learn and achieve.

RG helps build important life skills including resilience, focus, time management and goal setting.

It is an inclusive sport where creativity, individuality and expression are celebrated.

RG is practised and loved by millions of children and young people in more than 80 countries worldwide.

DID YOU KNOW?

Rhythmic Gymnastics has been an Olympic sport since 1984 for Individual competition, with Group competition added in 1996.

Scan me!

LEARN MORE ABOUT RHYTHMIC GYMNASTICS

TEAM BATH RHYTHMIC GYMNASTICS
www.teambathrhythmic.com

BRITISH GYMNASTICS
www.british-gymnastics.com

WORLD GYMNASTICS (FIG)
www.worldgymnastics.com

UNIVERSITY OF BATH
TEAMBATH™

Rhythmic Gymnastics

WHO WE ARE

and our coaching team

Team Bath Rhythmic Gymnastics is a welcoming, inclusive and ambitious club, providing high quality coaching and opportunities for gymnasts of all ages and abilities.



OUR CLUB

Excellence
We inspire every gymnast to achieve their personal best in a positive environment.

Community
We are a friendly, supportive club where gymnasts and families belong.

Opportunity
From first steps to national success, we provide pathways for every gymnast to grow.

Passion
We are passionate about Rhythmic Gymnastics and the positive impact it brings.

Development
We focus on building strong foundations, skills for life and future champions.

Dream – Believe – Achieve

OUR COACHING TEAM

Our team of dedicated, experienced and passionate coaches are committed to helping every gymnast reach their potential.

HIGHLY QUALIFIED
All coaches hold British Gymnastics qualifications and undertake regular CPD to stay at the forefront of coaching excellence.

SAFE & SUPPORTIVE
We create a positive, respectful and nurturing environment where gymnasts feel safe, confident and inspired.

PERSONALISED DEVELOPMENT
Coaches tailor training to each gymnast's needs, helping them build skills, resilience and a love for the sport.

TEAM APPROACH
Our coaches work collaboratively to ensure consistency, progression and the best possible experience.



NOT-FOR-PROFIT *Community Club*

We are a not-for-profit community club.

This means that ALL training fees go back into the club paying for:

- Venue hire
- Coaches & coaching qualifications
- Competitions
- Club equipment and accessories
- Insurances
- Administration

MANAGED BY OUR *Volunteer Committee*

We are managed by a dedicated team of volunteer committee members.

- Annual AGM
- Club Constitution
- Policies & Procedures
- Financial Transparency

All available on our website

HOW YOU CAN *Get Involved!*

We rely on the support of our amazing gymnastics community.

Help us by supporting fundraising or offering to help in any way you can!

From odd jobs like:

- Hoovering the carpets
- Tidying the cupboards

through to:

- Website design
- Event supps
- Welfare Officers
- Event support
- Treasurers

AS A BRITISH GYMNASTICS CLUB,

we follow all policies and strategies set by British Gymnastics

WELFARE FIRST
We have a dedicated Welfare Officer and follow British Gymnastics safeguarding policies to ensure the safety and wellbeing of every gymnast.

QUALIFIED COACHES
All our coaches are British Gymnastics qualified, DBS checked and trained in First Aid and safeguarding.

BRITISH GYMNASTICS INSURANCE
Our club is fully insured through British Gymnastics, providing peace of mind for gymnasts and families.

STRUCTURED COMPETITIONS
Gymnasts have the opportunity to take part in British Gymnastics approved competitions in a safe, fair and supportive environment.

CONTINUOUS DEVELOPMENT
We follow British Gymnastics coaching, education and club support programmes to continually improve standards across our club.

INCLUSIVE FOR ALL
We welcome gymnasts of all backgrounds and abilities and follow British Gymnastics equality and inclusion guidance.

LEARN MORE – Scan the QR codes to explore more about our club and the policies we follow.

BRITISH GYMNASTICS
Learn more about British Gymnastics, our national governing body.
british-gymnastics.com

OUR POLICIES
Read our club policies and important information for parents and members.
teambathrhythmic.com/policies-info

OUR COACHES
Find out more about our coaching team and their qualifications and experience.
teambathrhythmic.com/our-coaches

OUR VISION & MISSION
Discover our vision, mission and values that guide everything we do.
teambathrhythmic.com/club-vision-and-mission

Great starts here. Bright futures begin with Team Bath Rhythmic Gymnastics.

UNIVERSITY OF BATH
TEAMBATH™
Rhythmic Gymnastics

We are delighted to have you and your child as part of the Team Bath Squad family.

This pack has been designed to provide you with all the key information you need about our squads, expectations and policies and procedures.

Our DREAM Mantra



Determination

We never give up. We show commitment, resilience and a strong work ethic in everything we do.



Respect

We treat everyone with kindness and consideration. We respect our coaches, teammates, opponents and ourselves.



Enjoyment

We love what we do! We embrace the journey, have fun in training and celebrate every moment.



Achievement

We set goals, strive for excellence and take pride in our progress, both big and small.



Motivation

We inspire ourselves and others. We stay focused, positive and driven to be the best we can be.

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Rhythmic Gymnastics

Our Commitment Together



Success comes from commitment, consistency and teamwork.

We all have a part to play in creating a positive, supportive and inspiring environment where every gymnast can thrive.

GYMNAST CODE OF CONDUCT

Gymnasts are expected to demonstrate respect, responsibility and resilience in all aspects of club life.

- ★ **Be respectful** and kind to others
- ★ **Work hard,** listen and learn
- ★ **Take responsibility** for your actions

Scan here to read the full Gymnast Code of Conduct

PARENT & SPECTATOR CODE OF CONDUCT

Parents and spectators play a vital role in supporting our gymnasts and the club community.

- ★ **Encourage** and support all gymnasts
- ★ **Respect** coaches, officials and other parents
- ★ **Model positive** behaviour at all times

Scan here to read the full Parent & Spectator Code of Conduct

COACHES CODE OF CONDUCT

Our coaches are committed to providing the best possible experience for every gymnast.

- ★ **Prioritise** gymnast wellbeing and development
- ★ **Lead by example** and promote inclusion
- ★ **Maintain professionalism** and integrity

Scan here to read the full Coaches Code of Conduct

By working **together** and upholding these values, we create the right environment for every gymnast to **grow, achieve and reach their full potential.**

Commitment
We show up, work hard and never give up.

Consistency
We train regularly, stay focused and keep improving.

Teamwork
We support each other, celebrate success and are stronger together.

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Rhythmic Gymnastics

Our Gymnastics *Pathway*

A clear pathway of development, supporting every gymnast to reach their potential.

1 RECREATIONAL DEVELOPMENT PROGRAMME (RDP)

Here children join the sport and enjoy training once per week for an hour or so. They enjoy learning individual skills, and Achievement award testing (badge testing).

- Children in RDP have three opportunities per year to gain their achievement awards.
- The opportunity to take part in the whole club displays (Christmas and Summer), and the Whole Club Competition (Rainbow Competition – Spring).
- They perform routines suitable for their age and stage of development.

RDP CLASSES

- BALANCERS
- LEAPERS
- SPINNERS

TRAINING TIME
1 hour per week (approx.)

2 DEVELOPMENT SQUADS

In these squads gymnasts start to train towards routines. Each session is structured for routine development and performance, rather than purely on individual skills – now we join skills together to create routines.

- Gymnasts still participate in the club events – Displays (Christmas and Summer) and Whole Club Competition (Rainbow – Spring).
- They may also get a few additional opportunities as their skills develop.
- Competition opportunities are optional at this level and are offered when appropriate for each gymnast's development.

SQUADS

- MINI SQUAD
- PRE-ESPOIR GROUPS
- NOVICE SQUAD

TRAINING TIME
3 – 6 hours per week

3 PERFORMANCE SQUADS

These squads are aiming towards competitions. Gymnasts are training regularly, with more intensity, commitment and drive towards improving themselves in competition environments.

- Gymnasts develop high level routines with a focus on performance, consistency and presentation.
- They attend competitions throughout the season.
- Greater commitment and dedication are required.

SQUADS

- ADVANCED
- FIG SQUAD

TRAINING TIME
9 – 15 hours per week

We are committed to supporting every gymnast on their journey, in **the right environment**, at **the right time**, with **the right opportunities**.

Every Step. Every Skill. Every Dream.

UNIVERSITY OF BATH
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Rhythmic Gymnastics

OUR SQUADS
AIMS & OPPORTUNITIES

Supporting every gymnast on their journey.



We offer a clear pathway for every gymnast to develop their skills, confidence and love for rhythmic gymnastics.

★ **All club members are invited to compete in the annual Bath Open, our annual event with visiting clubs.**

STRAND / LEVEL	SQUAD	WHO IT'S FOR	AIMS	PERFORMANCE OPPORTUNITIES (Per year)	HOURS PER WEEK	COSTS (Per week)
RDP Recreational Development Programme	**RDP Balancers Leapers Spinner**	Individual skills classes, short group participation level routines	✔ Learn fundamental skills ✔ Build coordination, flexibility and strength ✔ Enjoy learning in a positive environment	★ 3 x Achievement Award Testing ★ 3 x Whole Club Events	1 hr Via Class for kids	£8.08 per hr per week
DEVELOPMENT Building skills. Growing confidence.	**Mini Squad** Aged 6–9 years	Younger gymnasts, aged 6–9 yrs showing potential to grow.	✔ Develop strong fundamental movement, body coordination and apparatus skills while building confidence and a love for rhythmic gymnastics.	★ 3 x Achievement Award Testing ★ 3 x Whole Club Events ★ 1–2 x Friendly Club competitions (external)	3.5 hrs	£27.69 per week
	Pre-Espoir Groups Aged 8–10 years	Gymnasts aged 8–10 years. Have training experience and are ready to train and compete as a group.	✔ Develop group routines ✔ Improve technique, artistry and execution ✔ Build strength, flexibility and performance mindset ✔ Competing as a team	★ 3 x Whole Club Events ★ 3 x Friendly Club competitions (external)	6 hrs	£32.30 per week
	Novice Squad Aged 10 years + *Novice Level*	Gymnasts looking to develop their skills and learn more about gymnastics.	✔ Learning about the Sport and how to train. ✔ Develop individual routines ✔ Prepare for higher level training	★ 3 x Whole Club Events ★ 1–2 x Friendly Club competitions (external)	4 hrs	£27.69 per week
COMPETITION PERFORMANCE Compete. Challenge. Achieve.	**Advanced Squad Sapphire/Bronze and Above**	Gymnasts competing individually at Sapphire/Bronze and above level.	✔ Learning to train for competitions ✔ Refine technique, artistry and execution ✔ Achieve personal bests ✔ Progress to higher competition levels	★ 3 x Whole Club Events ★ 3 x Friendly Club competitions (external)	9 hrs	£41.53 per week
	FIG Squad Silver and Above	Gymnasts competing at Silver and above level.	✔ Training to compete and achieve ✔ Compete at the highest national level ✔ Aiming for National and International representation ✔ Reaching their full potential	★ 3 x Whole Club Events ★ 3 x Friendly Club competitions (external) ★ 1–2 x National Level competitions ★ 1 x International Opportunity	up to 14 hrs	£46.14 per week

Our pathway is designed to challenge, support and inspire every gymnast to achieve their dreams – at every stage of their journey.

For full details including our Fees Policy and all club policies, please visit: teambathrhythmic.com/policies-info

★ All numbers of competitions are approximate and may vary, yep).

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WHICH SQUAD
IS RIGHT FOR MY CHILD?

Use this simple guide to help you find the best pathway for your gymnast.



START

DOES YOUR CHILD HAVE EXPERIENCE IN RHYTHMIC GYMNASTICS?

NO

HOW OLD IS YOUR CHILD?

4–6 YEARS
- No experience in gym or dance
- **RDP BALANCERS**
- Experience in gym or dance

6–8 YEARS
- No experience in gym or dance
- **RDP BALANCERS**
- Experience in gym or OR OR SPINNERS

8–12 YEARS
- No experience in RG (gym/dance experience)
- **DEVELOPMENT SQUAD**

YES

DOES YOUR CHILD PRACTICE RG MAINLY FOR FUN & ENJOYMENT?

YES

DOES YOUR CHILD WANT TO COMPETE?

NO
- **DEVELOPMENT SQUAD**

YES occasionally / just starting out
- **HOW OLD IS YOUR CHILD?**
  - **6–8 YEARS** → **MINI SQUAD**
  - **8 YEARS+** → **WHICH SQUAD IS RIGHT FOR YOUR CHILD?**
    - **NOVICE SQUAD** (4 hrs per week)
    - **PRE-ESPOIR GROUP** (6 hrs per week)

NO

IS YOUR CHILD FOCUSED ON TRAINING AND COMPETITIONS?

YES

HOW OLD IS YOUR CHILD?

10+ YEARS

ADVANCED SQUAD

FIG SQUAD (HIGHER LEVEL)

OUR THREE PATHWAYS

RDP – RECREATIONAL DEVELOPMENT PROGRAMME
Fun, friendly classes to build fundamental movement skills, confidence and a love of gymnastics.

DEVELOPMENT SQUADS
Building skills, technique and routines to develop gymnasts and enjoy competitions.

COMPETITION PERFORMANCE SQUADS
For gymnasts focused on training and competing at higher levels.

SELECTION SQUADS
Mini, Pre Espoir, Novice, Advanced and FIG squads are coach-selected. Selection is based on ability, attendance, commitment, coach assessment and readiness.

For full details including our Fees Policy and all club policies, please visit:
teambathrhythmic.com/policies-info

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TRAINING AND COMMITMENT *Expectations*



Our squads thrive on **dedication**, **respect** and **teamwork**.
By working together and upholding these expectations, we achieve more and enjoy the journey.

1. ATTENDANCE

High attendance is essential. Gymnasts are expected to attend all training sessions and competitions.

- For all competition performance squads, gymnasts **MUST** inform their coach of any absence.
- Attendance will be monitored in these squads and linked to the opportunities that are offered.

2. PUNCTUALITY

Arrive on time, ready to train and with the correct equipment.



3. EFFORT

Always give **100%** effort and a positive attitude towards learning.

4. COMMUNICATION

- Keep coaches informed of any absences or concerns.
- Reply quickly and promptly to club communications.
- The official communication method is **email**.

5. BEHAVIOUR

Show **respect** and **kindness** at all times to coaches, teammates, officials and others.

6. REPRESENTATION

Wear the correct kit and represent **Team Bath RG** (in training and competition) with **pride**.

Commitment today, success tomorrow.

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Communication & WhatsApp

Keeping everyone informed



EMAIL IS OUR OFFICIAL METHOD OF COMMUNICATION.
All important club information is sent by email.
Please check your inbox regularly so you don't miss important updates.

WHO SHOULD I CONTACT?

INFORMATION
Training times, session changes, administration
bath.rhythmic.info@gmail.com

COMPETITIONS
Competition entries, event information and schedules
bath.rhythmic.competition@gmail.com

TREASURY TEAM
Payments, fees and invoices
bath.rhythmic.treasury@gmail.com

WELFARE
Safeguarding and welfare concerns
bath.rhythmic.welfare@gmail.com

COACHES
Your coach can be contacted using:
bath.rhythmic.COACHESNAME@gmail.com
(Replace COACHESNAME with your coach's name.)

MORE CONTACTS
All committee and coach email addresses can be found on our website.
www.teambathrhythmic.com

WHATSAPP IS USED FOR:
- Quick reminders
- Last-minute updates
- Arrival information
- Competition logistics
- General club reminders

WHATSAPP IS NOT USED FOR:
- Official club communication
- Welfare concerns
- Complaints
- Coaching discussions
- Financial matters
- Personal issues

Important information will **always be sent by email,** even if it is also shared on WhatsApp.

READ OUR FULL POLICIES

COMMUNICATION POLICY
SCAN TO READ MORE

WHATSAPP POLICY
SCAN TO READ MORE

VISIT OUR WEBSITE
Scan for policies, contact details and member information.
www.teambathrhythmic.com

EMAIL IS THE OFFICIAL COMMUNICATION CHANNEL FOR TEAM BATH RHYTHMIC GYMNASTICS.

Every Step. Every Skill. Every Dream.

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WELFARE

We take the welfare of our gymnasts seriously.

We follow all British Gymnastics policies and standards to ensure that the children at Team Bath Rhythmic Gymnastics have a great time and enjoy competitive gymnastics in a safe, positive and supportive environment.



GYMNASTICS QUESTIONS

From time to time you may have questions or concerns about training, routines, competitions or general gymnastics matters.

Please contact your coach.

WELFARE CONCERNS

If you feel you have a welfare question or concern, please talk to our Welfare Officer.
They are here to listen, support and direct you.

Your child's wellbeing is our priority.

WE'RE HERE TO SUPPORT

We are committed to ensuring every gymnast feels safe, valued and supported so they can enjoy and thrive in rhythmic gymnastics.

Together we create a positive environment.

OUR WELFARE OFFICER

If you have a welfare question or concern, please contact our Welfare Officer in confidence.

EMAIL
Bath.rhythmic.welfare@gmail.com

We are here to listen and help.

BRITISH GYMNASTICS

We are proud to be a British Gymnastics club and follow all BG policies and standards.

SAFE & SUPPORTED

We provide a safe, inclusive and supportive environment for all gymnasts.

QUALIFIED & EXPERIENCED

Our coaches are fully qualified and DBS checked, with ongoing training to ensure the highest standards.

POSITIVE EXPERIENCES

We are committed to helping every gymnast have a great time and enjoy the sport.

Great starts here. Bright futures begin with Team Bath Rhythmic Gymnastics.

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Reporting Concerns

We all have a responsibility to keep our gymnasts safe.



Recognising Concerns

Concerns can be raised by something a child says, something you see or changes in behaviour.

Reporting Concerns

If you have a concern about a child's safety or wellbeing, speak to your coach or Welfare Officer as soon as possible.

Safeguarding Process

All concerns are taken seriously and follow the British Gymnastics safeguarding policies and procedures.

The Safeguarding Process

1. **Share** — Share your concern with your coach or the Welfare Officer.
2. **Record** — The concern is recorded and reviewed.
3. **Assess** — The matter is assessed to decide next steps.
4. **Act** — Appropriate action is taken following BG policies and procedures.
5. **Follow Up** — The situation is monitored and reviewed.

You can contact our Welfare Officer confidentially at:
Bath.rhythmic.welfare@gmail.com

Safeguarding is everyone's responsibility.
Together we create a **safe, positive and inclusive** environment for all our gymnasts.

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Training Kit

The VNT Team Bath training top is not compulsory to be worn at every training session. However, every gymnast is expected to own this item for competitions, club events and selected training sessions. Club kit from other clubs must not be worn.



WE FOLLOW BRITISH GYMNASTICS POLICIES WHICH STATE FOR GYMNASTS' SAFETY:

1. Hair must be tied up (in a bun)
2. All jewellery must be removed
3. Clothing must be tight fitting and suitable for gymnastics

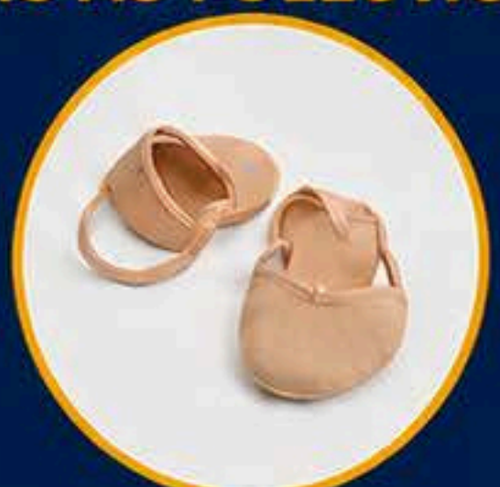
TRAINING KIT IS AS FOLLOWS:



VNT TEAM BATH BRANDED TOP



LEGGINGS OR SHORTS



TOE SHOES



HAIR TIED UP (IN A BUN)



Hoodies and tracksuits can be worn for **warm up**, and **removed after this.**



Drinks bottles with **water** should be used at **every training session.**

This kit is **not compulsory** to be worn at every training session, however **every gymnast needs this kit** for training, competitions and events.
Club kit from other clubs is not to be worn.

Focus. Strength. Skill. Fun. Dance.

UNIVERSITY OF BATH
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Competition Kit



COMPULSORY KIT

Wearing the correct kit helps us train safely, look smart and represent Team Bath with pride.

Please make sure your gymnast is kitted out correctly for training and competitions.



BLUE or YELLOW VNT TOP with logo



BLACK LEGGINGS



COMPETITION JACKET



HAIR IN A BUN



TOE SHOES

ALL ITEMS ARE COMPULSORY

Please ensure all kit is clean, well-fitting and clearly named.

WHERE TO BUY

I ♥ RG
www.ILoveRG.co.uk

DANCEWEAR SQUAD
www.squaddancewear.com

Scan the QR codes or visit the websites to shop now!

Every Step. Every Skill. Every Dream.

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HOW FEES ARE PAID

Simple. Transparent. Essential.



Our fees are structured to be fair, transparent and sustainable, ensuring we can provide high quality training and opportunities for every gymnast.

TWO WAYS TO PAY

1. RECREATIONAL DEVELOPMENT PROGRAMME (RDP)

PAID VIA CLASS FOR KIDS

RDP classes are paid termly through our booking platform Class For Kids.

- 3 payments per year (Autumn, Spring, Summer terms)
- Fees are due at the time of booking for each term.

BOOK & PAY ONLINE
Easy, secure and convenient via Class For Kids.

2. DEVELOPMENT & COMPETITION PERFORMANCE SQUADS

PAID BY MONTHLY STANDING ORDER

All Development and Competition Performance Squad gymnasts pay monthly via Standing Order.

- 11 equal payments (1st September – 1st July)
- Payments reach our account on the 1st of each month
- No payment is due in August

SET UP ONCE – EASY & SECURE
Full details are sent by our Treasury Team.

STANDING ORDER BANK DETAILS

Bank:	Lloyds Bank
Account Name:	Team Bath Rhythmic Gymnastics
Sort Code:	30-90-54
Account Number:	00908032

Standing orders must be set up by parents/ guardians and payments should reach our account on the 1st of every month.

EXAMPLE OF HOW MONTHLY PAYMENTS ARE CALCULATED

Weekly training fee (£) **X** Average of 4 training weeks per month (4) **=** Monthly standing order amount (£)

EXAMPLE:
Platinum members pay £41.53 per week
£41.53 × 4 = **£166.12** per month

WHY WE DO THIS
Paying fees in advance helps us plan, budget and provide the best coaching, facilities and opportunities.

FAIR & TRANSPARENT
Our system is designed to be fair for all members and to keep our club sustainable.

QUESTIONS?
Our Treasury Team is here to help. Please get in touch via email.

OFFICIAL COMMUNICATION
The official communication method is email. Please reply quickly and promptly to all club communications.

For full details including discounts, absence policy, competitions and more, please visit our Policies Page: **teambathrhythmic.com/policies-info**

Scan me!

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FEES POLICY HIGHLIGHTS

Key points every member should know.

Team Bath Rhythmic Gymnastics (TBRG) is a non-profit community club. Your fees help us provide high quality coaching, safe facilities, equipment, planning support and a positive environment for every gymnast to thrive.



WHAT YOUR FEES COVER

COACHING
Qualified coaches and ongoing professional development

FACILITIES
Training at the prestigious Team Bath with:
2 full size RG carpets, ballet barres, mirrors and stretching equipment

HIRE OF CLUB EQUIPMENT
Hire of club equipment where needed to support training

PLANNING, CHOREOGRAPHY & INDIVIDUAL SUPPORT
Planning, choreography, individual planning and judging support to help gymnasts progress

CLUB RUNNING
British Gymnastics Club membership, SW Gymnastics membership and insurances

PAYMENT STRUCTURE

Recreational Development Programme (RDP)

Fees are paid termly (3 times per year) via our booking platform Class For Kids.

Terms: Autumn • Spring • Summer

Development & Competition Performance Squads

Fees are paid monthly by Standing Order.

11 equal payments from 1st September to 1st July. No payment in August.

Payments reach our account on the 1st of each month.

POLICY HIGHLIGHTS

DISCOUNTS AVAILABLE
15% discount for gymnasts eligible for Pupil Premium Funding.
15% discount for siblings of TBRG gymnasts.
Discounts are capped at 20% and do not apply to external expenses.

PAYMENTS, REFUNDS & ABSENCE
All payments for training fees, competitions, events, camps and other club activities are payable in advance and are non-refundable.
Payment breaks for regular training fees may be considered in cases of long-term illness or injury (case-by-case basis).

EVENTS & CAMPS
Fees for events, camps and external activities are payable in advance and are non-refundable.

LATE PAYMENT POLICY
2 months unpaid: gymnasts cannot enter competitions.
3 months unpaid: gymnasts cannot attend training.
We rely on fees being paid on time to run the club.

EXAMPLE OF HOW MONTHLY PAYMENTS ARE CALCULATED

Weekly training fee **X** Average of 4 training weeks per month **=** Monthly standing order amount

EXAMPLE:
Platinum members pay £41.53 per week
£41.53 × 4 = **£166.12** per month

IMPORTANT
By joining a squad you agree to be available for all timetabled sessions. Fees are charged as per your membership category and agreed training hours.

OFFICIAL COMMUNICATION
The official communication method is email. Please reply promptly to all club communications.

FULL POLICY DETAILS
For full details including discounts, absence policy, events, camps and more, please visit our Policies Page:
teambathrhythmic.com/policies-info

Scan me!

Thank you for supporting Team Bath Rhythmic Gymnastics

Every Step. Every Skill. Every Dream

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Rhythmic Gymnastics

Competition Fees

A simple guide to the process and costs involved in competitions.

THE PROCESS – STEP BY STEP

1 Invitation
Your gymnast is invited to a competition by the coaches.

2 Entry
Coaches enter gymnasts and confirm places.

3 Payment
Competition fees are added to your account and payment is requested.

4 Preparation
Gymnasts prepare and attend the competition.

5 Reconciliation
Any overpayment will be refunded. Any shortfall will be requested.

WHAT YOU PAY FOR

Each family pays for their gymnast's competition entry fee.

You must also hold the correct level of British Gymnastics Membership which is your insurance to train and compete.



£35

A £35 CONTRIBUTION IS PAYABLE FOR EACH COMPETITION ENTERED.

This contribution helps cover the cost of supplying the required coaches and judges for Team Bath Rhythmic Gymnastics to compete.

THIS CONTRIBUTION FEE COVERS:

- Judging and coaching time (bear in mind they are often at events from 8am–8pm, whilst you may be there for a small section)
- Travel and hotel expenses (we ask officials to share travel and rooms wherever possible)
- Miscellaneous (such as tolls, parking fees etc)
- Administration and other competition support costs

Support from the club's fundraising efforts contributes **more than 50%** towards the true cost of competitions, making opportunities accessible to all.

PLEASE NOTE

- Gymnasts must commit to attending once entered.
- No refunds are given if a gymnast withdraws.
- Full payment must be up to date for your gymnast to take part in competitions.

Let's **work hard, stay safe** and **have fun** – together!

Every Step. Every Skill. Every Dream.

UNIVERSITY OF BATH
TEAMBATH™
Rhythmic Gymnastics

What to do if
My Daughter Wants to Leave

It's normal for gymnasts to have ups and downs.
We're here to support you every step of the way.

1



TOUGH DAYS HAPPEN FOR EVERYONE

Don't make rush decisions after one bad session or one bad competition.

It could be for any reason – hormones, bad night's sleep, dehydration, exams, friendship issues...

Find out more about your child's whole day and evaluate together what's going on.

2



TALK TO YOUR COACH

Set a date with your child to review how they are feeling.

In the meanwhile, talk to your coach and involve them. They may know something you don't from training (why they are finding it hard today etc).

3



SET A TARGET & REVIEW DATE

Set a target and review date with your coach and involve your child in this.
Together we can change things, reevaluate and come up with a plan that may suit them better.

4



REVIEW DATE – TALK AGAIN

Get to the review date and talk again.
What's changed? What's better?
Are they still feeling the same?

5



IF YOU STILL WANT TO LEAVE

If you then still want to leave, remember:

- You need to give one month's notice for squads.
- For RDP, please work through the remainder of your termly fees.

KEY ADVICE

- Your child's wellbeing comes first. We want them to enjoy gymnastics and feel supported.
- Take time to understand what's really going on.
- Communication between parents, gymnasts and coaches is the key to finding solutions.
- Small changes can often make a big difference.
- The door is always open – you can always get back in touch and pick up RG again.

Remember,
we are here with you every step of the way.

We are a club family.
We will always listen, support and guide you and your daughter.
Every gymnast's journey is unique – we're here for the long run.

NEED TO TALK?

Please contact the relevant team:

- Information (times/Admin/Session changes)
  bath.rhythmic.info@gmail.com
- Competition information
  bath.rhythmic.competition@gmail.com
- Treasury Team
  bath.rhythmic.treasury@gmail.com
- Welfare
  bath.rhythmic.welfare@gmail.com
- Coaches
  bath.rhythmic.COACHESNAME@gmail.com

All email addresses can also be found on our website.

VISIT OUR WEBSITE

For full policies, FAQs, contact details and member information.

www.teambathrhythmic.com

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FAQs

FREQUENTLY ASKED QUESTIONS

Here are some of the most common questions from our members and parents.

1 HOW ARE FEES PAID?

Squad fees are paid monthly via standing order on the 1st of every month (11 equal payments from September to July).

A fee schedule and bank details will be sent by the Treasury Team.

Treasury Team
bath.rhythmic.treasury@gmail.com

2 HOW DO I ENTER COMPETITIONS?

Competition entries are managed by the coaches.
Information and entry forms will be sent via email.
Make sure you check your emails regularly!

Competitions
bath.rhythmic.competition@gmail.com

3 HOW WILL I RECEIVE IMPORTANT INFORMATION?

All official information is sent by email.
WhatsApp is only used for quick reminders and last-minute updates.
Please check your email inbox (and junk folder!) regularly.

Information
bath.rhythmic.info@gmail.com

4 WHO DO I CONTACT ABOUT WELFARE OR SAFEGUARDING CONCERNS?

If you have any welfare or safeguarding concerns, please contact our Welfare Officer.
Concerns should never be raised in WhatsApp groups.

Welfare
bath.rhythmic.welfare@gmail.com

5 HOW DO I SPEAK TO MY COACH?

Each coach has a dedicated email address.
You can contact your coach directly using:
bath.rhythmic.COACHESNAME@gmail.com
(Replace COACHESNAME with your coach's name.)

Coaches
bath.rhythmic.COACHESNAME@gmail.com

CAN'T FIND THE ANSWER?

Many more answers can be found in our full policies and on our website.

Visit our website
www.teambathrhythmic.com
for policies, contact details, forms and member information.

EMAIL IS OUR OFFICIAL COMMUNICATION CHANNEL
THANK YOU FOR HELPING US KEEP OUR CLUB CONNECTED!

Every Step. Every Skill. Every Dream.

UNIVERSITY OF BATH
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Rhythmic Gymnastics

THANK YOU

for being part of Team Bath RG

We are so proud of every gymnast and family in our club community.

Whether you are just starting your RG journey or chasing your biggest dreams, we are here to support, encourage and celebrate you.

We are with you every step of the way. ♥



REMEMBER
Everything you need to know can be found on our website.

www.teambathrhythmic.com

Policies, club information, event details, news and more!

KEY EMAIL CONTACTS

Information (times/Admin/ Session changes)
bath.rhythmic.info@gmail.com

Competition Information
bath.rhythmic.competition@gmail.com

Treasury Team (payments/fees)
bath.rhythmic.treasury@gmail.com

Welfare (Safeguarding)
bath.rhythmic.welfare@gmail.com

Coaches (Contact your coach directly)
bath.rhythmic.COACHESNAME@gmail.com
(Replace COACHESNAME with your coach's name)

OUR DREAM PHILOSOPHY

D — DETERMINATION
We work hard and never give up.

R — RESPECT
We respect ourselves, others and our sport.

E — ENJOYMENT
We love what we do and have fun!

A — AMBITION
We aim high and strive to be the best we can be.

M — TEAMWORK
We support each other and succeed together.

A personal message from Team Bath Rhythmic Gymnastics

Thank you for trusting us to be part of your daughter's journey. RG is about so much more than routines and medals – it's about building confidence, friendships and memories that last a lifetime.
We are a club family and the door is always open.

Let's keep dreaming big – together. ♥

THANK YOU FOR BEING PART OF OUR TEAM BATH RG FAMILY.

Every Step. Every Skill. Every Dream.